

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gerard Heath

Has successfully participated & completed the

8km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:11:45

PACE 08:57/km

OVERALL 13 of 47

21 July 2019, Sun

Date

GENDER 10 of 22

40 - 49 6 of 9



our com

Signature